

Butterfly Nectar Sources

PLANT	COLOR	HEIGHT	BLOOM PERIOD
SHRUBS			
Azalea	variable	shrub	spring
Buddleia	blue, pink, white	shrub	midsummer-fall
Lilac	lavender, white, pink	shrub	spring
Sumac	white	shrub	spring
Vaccinium spp.	white, pink	low shrubs	spring-early summer
Viburnums	white	shrubs	spring
CULTIVATED ANNUALS			
Alyssum	violet, white	4 inches	summer-fall
Candytuft	white, pink	8-10 inches	spring-summer
Cosmos	white, lilac, red, yellow	1-3 feet	late summer
Gaillardia	multicolor	24 inches	summer-fall
Impatiens	multicolor	6-18 inches	summer-fall
Marigold	yellow, orange	6-24 inches	summer-fall
Mignonette	red	12-18 inches	summer-fall
Scabiosa	blue, rose, white	18-36 inches	summer-fall
Verbena	multicolor	8-10 inches	midsummer-fall
Zinnias	multicolor	12-24 inches	summer-fall
CULTIVATED PERENNIALS			
Anthemis	yellow	24 inches	summer
Arabis	pink, white	8-10 inches	spring
Asters	white, lavender, yellow	12-24 inches	summer-fall
Aubrieta	purple	4 inches	spring
Bee Balm	red or white	36 inches	summer
Butterfly Weed	orange	12-36 inches	midsummer
Daisy	yellow, white	12-36 inches	summer
Catmint (Catnip)	lavender	12-36 inches	summer
Phlox	pink, lavender, white	6-36 inches	summer-fall
Primrose	multicolor	4 inches	spring
Purple Coneflower	purple, white	24-48 inches	summer
Sedum Spectabile	pink	12 inches	late summer

WILD PERENNIALS

Boneset	white	36-60 inches	late summer
Black-Eyed Susan	yellow	12-18 inches	late summer
Blazing Star	purple	up to 18 inches	summer
Dandelion	yellow	4-12 inches	spring-fall
Dogbane	pink to white	shrub	early summer
Goldenrod	yellow	12-48 inches	late summer
Joe-Pye-Weed	lavender	36-60 inches	late summer
Milkweeds	lavender, orange	24-48 inches	summer
New England Aster	purple	24-60 inches	late summer
Thistle	pink, purple	24-48 inches	summer
Wild Bergamot	pink, lavender	24-36 inches	summer
Yarrow	white	12-36 inches	early summer